

## What do we do?

- Assistance to families with insurance companies
- Board Certified Behavior Analyst (BCBA) develop assessment based behavior program that works in client's home & community
- Implement treatment plan and empower caregivers
- Contact co-therapies as needed
- Coordinate with school districts and community activities to ensure continuity between all areas

## Advantages of Home Therapy

- Children are most comfortable and confident in their own home
- Therapists can work in the child's natural setting. They can identify needs and concerns of the family easily.
- Generalization of skills is more quickly and more successfully accomplished
- Being able to work in the community not only allows us to find hidden issues but to let us promote awareness and tolerance within the community



### HEARTS & HANDS THERAPY

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### Mission Statement

Hearts & Hands Therapy's mission is to use a team approach to enable your child to reach their full potential at home & community. All goals are individualized to be relevant and functional for your child

Autism Spectrum Disorder

## ABA Therapy

Speech, OT & PT Co-therapies



### HEARTS & HANDS THERAPY

Assisting families with customized treatments plans and hands on support throughout the growth and development of your child.



## What is Autism?

Autism Spectrum Disorder (ASD) is a developmental disability that can cause intellectual, communication, social and behavioral challenges. ASD is a spectrum disorder. This means that it differs for each child it affects and ranges from mild to severe.



## How is it treated?

There is no proven way to completely cure ASD—there are ways to help children with ASD to function better

Certain therapies, medications and diets can greatly improve your child's development and life.

Applied Behavioral Analysis (ABA) Therapy used in conjunction with Speech, Occupational, Physical Therapies; as well as others; provides the most well rounded and aggressive approach to ASD.



## What is ABA Therapy

Applied Behavioral Analysis (ABA) is the only scientifically backed behavioral method proven to be successful teaching children with Autism. It focuses on the principals that explain how learning takes place. For example if you wish a child to respond with a certain behavior then when they exhibit this behavior the behavior is reinforced with a reward then the behavior is more likely to be repeated. This principal is known as Positive reinforcement. Much research over many years has developed many techniques for increasing positive behavior and reducing negative behavior that interferes with learning or can be harmful.



## What can I do?

The first step is to contact us to see what we can do to help your family. We work together with your doctors and your school district to provide the most comprehensive, consistent program possible.

## Who is Affected?

- 1 in 66 children in the US
- 1 in 44 children in New Jersey
- Boys are 5 times more likely to be affected
- Doctors know that genes and environment work together to cause ASD, to date there is no known cause.
- Early and aggressive treatment is essential in improving your child's goals.

Many people with ASD; like the creator of Pokémon and Bill Gates; have been able to live very successful lives. Noticing problems early and seeking treatment will help your child reach his/her full potential.